



Hello,

Thank you for considering bringing your youth group or organization to Rock Ridge Christian Camp & Outfitters to experience Adventure Camp. We are passionate about taking youth into the wilderness to be challenged physically, mentally and spiritually. Our 55-acre camp is located on the shores of Little Long Lake in northern Minnesota, creating a perfect setting for sharing the ways of Jesus Christ.

Adventure Camp provides a new adventure each day, including canoeing, hiking, rock climbing, river tubing, high ropes course, ziplining, fishing, night games and so much more. Stay in a cabin each night and eat hot meals from the dining hall for breakfasts and suppers. Cabins experience separate adventures each day, but come together for chapel and games in the evening. Lunch is typically on trail, and you do have the option to spend a night or two camping while doing your canoe portion. Everything is planned ahead of time and prepared for you, so that when you show up, you can focus on being relational with your youth and not having to worry about anything else.

We hire a number of trail guides each year that go through two weeks of extensive guide training. They are trained in first aid and CPR, camp cooking, route planning, orienteering, working with today's youth, ministry preparation, federal and state regulations, rock climbing, high ropes training and so much more. When completed, they are ready and excited to serve you. Phone calls are set up before your arrival to discuss Adventure Camp with your guide, the ministry content that you would like prepared and any little things that need to be discussed beforehand, such as allergies, disabilities or medical conditions within your group.

In the following pages, you will find pricing and available dates, a *what's-included* chart, testimonials, a discount page and a sample itinerary. If you have any questions whatsoever, feel free to contact me via phone or email as listed below. If you would like to book a trip, contact me and I will send you a contract and registration form.

Thank you for considering Rock Ridge as a partner in ministry.

In Him,

A handwritten signature in black ink that reads "Corissa Cram".

Corissa Cram

Trips & Outfitting Director

Rock Ridge Christian Camp & Outfitters
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Ely, MN 55731

(218)-235-9508

rockridgetrips@shamineau.org



Adventure Camp Rates and Available Dates

Each cabin can consist of up to 7 youth and 1 adult. More adults and less youth are okay, as long as you come with at least one adult per group. We are very intentional in our ministry about your youth experiencing a life-changing trip with your leader, so that leaders can go back home and build upon that change. Rock Ridge can cater up to 6 cabins per week. Each cabin goes on a different adventure during the day, but comes together for chapel and games in the evenings. Our weeks run from Saturday through Friday and are listed below:

Week	Date
Week 1	June 3 rd – June 9 th
Week 2	June 10 th – June 16 th
Week 3	June 17 th – June 23 rd
Week 4	June 24 th – June 30 th
Week 5	July 1 st – July 7 th
Week 6	July 8 th – July 14 th
Week 7	July 15 th – July 21 st
Week 8	July 22 nd – July 28 th
Week 9	July 29 th – August 4 th

Rates are per person. Discounted rates are given when more than one cabin/trip is booked for the summer between canoe trips and adventure camp.

Cabins (up to 8 people per cabin)	Cost (per person)
1	\$360
2	\$350
3+	\$335



Adventure Camp is fully customizable for your youth group or organization. You will be able to choose from the following (activities are upon availability):

Adventure Camp Options
BWCA Canoeing
Hiking
Rock Climbing
Fishing
High Ropes
Zipline
Rope Swing
Night Games
Chapel
Life Stories
Devotionals
Lunch on Trail
Meals in Dining Hall
Overnight Camping
Tubing down the River
Boat Tubing
Field Games



Testimonials

The trip was outstanding! Couldn't have asked for a better experience from start to finish.

- Roseville Covenant Church
Roseville, MN

Overall, I will be praying for this ministry because this is so unique. City kids need this. As long as you offer it we will be returning customers. I hope you consider Hope Lutheran Church as a partner in all this with you for as long as it takes.

- Hope Lutheran Church
Fargo, ND

I can't say enough about how blessed we were to have Brian as our guide. He was a tremendous leader who was able to quickly connect and bring everyone together. This was a life-changing trip for me and I suspect the entire group. I will highly recommend this camp experience to everyone.

- Woodbury Community Church
Woodbury, MN

Overall experience was insanely awesome. It was the best Boundary Waters trip I have ever gone on, and ever will go on. It was the best wilderness trip ever.

- Big Sandy Camp
McGregor, MN

A Boundary Waters trip takes a year of my work and condenses it into a week. You're spending that week, 24/7, non-stop time together. The growth that I might have with a kid in our relationship in a year, all of that happens in a week. The benefit of that is that they see quickly that you care about them as a person, and that will give me more opportunities to share the love of Christ with them over and over and over. It's a huge blessing having trips in the Boundary Waters through Rock Ridge.

- Urban Ventures (leader)
South Minneapolis, MN

Everyone enjoyed themselves, and everyone was impacted. If you could pass on our thanks to your guides and staff again; it was a great week for us!

- Union Gospel Mission
Minneapolis, MN

I had an amazing trip that I will never forget and my faith grew stronger. Heather was an amazing guide and it was so evident that she loved God and had a heart for people. Thank you so much!

- Cascade Fellowship CRC
Grand Rapids, MI



ADVENTURE CAMP SAMPLE ITINERARY

Saturday	Group 1	Group 2	Group 3
2:00 pm	-----	ARRIVAL	-----
3:00 pm	High Ropes	Zipline	Team Build Activities
4:00 pm	Team Build	High Ropes	Zipline
5:00 pm	Zipline	Team Build	High Ropes
6:00 pm	-----	SUPPER	-----
7:00 pm	-----	PROGRAM	-----
8:00 pm	-----	CABIN TIME	-----
8:30 pm	-----	FREE TIME	-----
10:00 pm	-----	CABINS	-----
Sunday			
7:00 am	-----	WAKE UP	-----
7:15 am	-----	QUIET TIME	-----
8:00 am	-----	BREAKFAST	-----
8:30 am	Rock Climbing 30'	Fishing	Hiking
	-----	Lunch on Trail	-----
	-----	Life Stories on Trail	-----
Afternoon	Repel 55' Cliff	Tubing down River	Swimming & Rock Jumping
5:00 pm	-----	Back to Camp	-----
6:00 pm	-----	SUPPER	-----
7:00 pm	-----	PROGRAM	-----
8:00 pm	-----	CABIN TIME	-----
8:30 pm	-----	CAPTURE THE PADDLE	-----
10:00 pm	-----	CABINS	-----
Monday			
7:00 am	-----	WAKE UP	-----
7:15 am	-----	QUIET TIME	-----
8:00 am	-----	BREAKFAST	-----



8:30 am	Hiking	Rock Climb 30' Cliff	Hiking
	-----	Lunch on Trail	-----
	-----	Life Stories on Trail	-----
Afternoon	Swim & Rock Jump	Repel 55' Cliff	Tubing down river
5:00 pm	-----	Back to Camp	-----
6:00 pm	-----	SUPPER	-----
7:00 pm	-----	PROGRAM	-----
8:00 pm	-----	CABIN TIME	-----
8:30 pm	-----	FREE TIME	-----
9:30 pm	-----	NIGHT GAME	-----
11:00 pm	-----	CABINS	-----

Tuesday

7:00 am	-----	WAKE UP	-----
7:15 am	-----	QUIET TIME	-----
8:00 am	-----	BREAKFAST	-----
8:30 am	Fishing	Hiking	Rock Climb 30' Cliff
	-----	Lunch on Trail	-----
	-----	Life Stories on Trail	-----
Afternoon	Tubing down River	Swim & Rock Jump	Repel 55' Cliff
5:00 pm	-----	Back to Camp	-----
6:00 pm	-----	SUPPER	-----
7:00 pm	-----	PROGRAM	-----
8:00 pm	-----	CABIN TIME	-----
8:30 pm	-----	PACKING	-----
10:00 pm	-----	CABINS	-----

Wednesday

7:00 am	-----	WAKE UP	-----
7:15 am	-----	QUIET TIME	-----
8:00 am	-----	BREAKFAST	-----
8:30 am	-----	CANOE ORIENTATION	-----
10:00 am	-----	DEPART FOR CANOE TRIP	-----



Lunch & Supper on Trail

Camp on Trail

Thursday

Canoe Trip

Friday

7:00 am	-----	Breakfast on Trail	-----
10:00 am	-----	Back to Camp	-----
	-----	Sauna & Store	-----
12:00	-----	LUNCH	-----
12:30	-----	PROGRAM	-----
1:00	-----	DEPARTURE	-----