



### **Guide in Training (GIT)**

(Ages 15-19)

GIT's get to experience 4 weeks of amazingness. Week one is spent with the other GIT's on a canoe trip in the BWCA. You will then spend two weeks of serving at base camp, cleaning cabins, helping in the kitchen, helping with maintenance work, programming, and being part of the staff at base camp. Your fourth week will be spent co-guiding either a canoe trip or a week of adventure camp with one of the trail guides. Weeks 2-4 are in no particular order. The fee for participation is \$249 per session and includes room, board and meals. The two sessions available are:

\_\_\_\_\_ Session 1: June 4<sup>th</sup> thru July 1<sup>st</sup>

\_\_\_\_\_ Session 2: July 9<sup>th</sup> thru August 5<sup>th</sup>

### **Kitchen in Training (KIT)**

(Ages 15-19)

Same as GIT program but with more of a kitchen focus. You still attend the GIT canoe trip and participate in all GIT activities.

### **Maintenance in Training (MIT)**

(Ages 15-19)

Same as GIT program but with more of a maintenance focus. You still attend the GIT canoe trip and participate in all GIT activities.

### **Responsibilities**

- Completion of application and references from three qualified sources.
- Having fun while being challenged on a canoe trip with your GIT leader
- Helping out around basecamp with other GIT's, staff and volunteers
- A week of co-guiding with one of the Trail Guides
- Assisting with skits, worship, games and other programming at camp
- Participation in the community that is created between the staff throughout the summer at base camp.

### **Qualifications**

- 15 - 19 years old
- Eagerly moving in the direction of Christian maturity and living a life worthy of being imitated.
- A desire to be a Christian leader
- Adventurous spirit
- Flexible
- Willing to relinquish normal physical comforts and conveniences
- Ability to work in a team

Questions? Contact CJ at (218) 235-9508 or [rockridgetrips@shamineau.org](mailto:rockridgetrips@shamineau.org)