

 Feb. 27th to Mar. 1st 2026

 Price: \$170
*Housing, meals and ALL activities included in price

OVERHAUL MEN'S WEEKEND



WEEKEND ACTIVITIES

- Horse Trail Rides
- Leather Shop
- Campfire Donuts & Wagon Rides
- Gift Shop & Snack Shop
- Static Ropes Course
- Shooting Sports & Axe Throwing
- High Ropes Course & Zip Line
- Broomball
- Open Gym including; Climbing Wall, 9-Square, Basketball, Volleyball, and more!

TYPICAL SCHEDULE

FRIDAY

6:30pm Check-in
8:00pm Chapel
9:30pm Open Gym

SATURDAY

8:00am Breakfast
9:30am Chapel
11:00 Open Recreation (open until 5:00pm)
12:00pm Lunch
5:00pm Supper
6:30pm Chapel
8:00pm Evening Extravaganza

SUNDAY

8:00am Breakfast
9:00am Open Recreation
10:30am Chapel
12:00 Head for Home!



It is our mission to share the Gospel of Jesus with children and youth through relationships and fun camp experiences.

Overhaul Weekend FAQs:



WHAT TIME DO WE ARRIVE? WHAT TIME ARE WE DONE ON SUNDAYS?

Check-in: Friday from 6:30-7:30pm

Check-out: Sunday at 12:00pm

*Be sure to eat supper before you come!

Check-in will be in the gym as you arrive. You will receive your housing assignment and schedule for the weekend. If you know you are arriving late, please call in advance.

Check-out will be after closing chapel. No lunch will be served on Sunday.

WHAT ARE THE SLEEPING ARRANGEMENTS? WILL I BE HOUSED WITH PEOPLE I DON'T KNOW?

We have a variety of buildings that house our guests. Our Retreat Centers have sleeping rooms that each typically have 3 sets of bunks in them. The bathrooms are a short walk down the hallway. Our cabins have 6 sets of bunks with the bathrooms located in a building just a short walk away from the cabin. If you are coming with a group you will be housed together and you would know the others in your cabin or room. If you are coming with just 1 or 2 friends or coming by yourself you will be housed with other small groups of men. For Overhaul we try to spread the housing out a bit so often there will be some empty space in a room.

WHAT CAN YOU EXPECT AT OVERHAUL WEEKEND?

Overhaul at Camp Shamineau is a men's retreat designed to help you step back, recharge, and reconnect with yourself, your faith, and other men. True to its name, "Overhaul," meaning to examine, repair, and rebuild—it's a weekend to slow down, reflect, and focus on what matters. Enjoy hands-on activities, outdoor adventure, fireside conversations, and plenty of time to relax. Come as you are, leave renewed and ready for what's ahead.

CONTACT US

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