



# Special Dietary Needs Statement

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## Gluten Allergies

The Camp Shamineau kitchen offers gluten-friendly options at every meal. Please note, gluten-friendly meals are prepared in areas that also prepare non-gluten-free meals.  
(For example: A gluten-free pizza will be cooked in the same oven as a non-gluten-free pizza.)

Gluten-friendly items will be labeled and served in the general buffet line. A limited selection of gluten-free options (individually wrapped products produced by a certified gluten-free company) will also be available at the kitchen service counter. These may include muffins, cookies, and dessert bars.

## Nut Allergies

The kitchen does not serve peanut or tree nut products. However, some products may be manufactured in facilities that also process nuts.

## Other Food Allergies

Lactose-free milk will be available at the kitchen service counter. For all other allergies, please contact the kitchen to discuss what options may be available.

## Other Notes

- Food storage space is available for guests who wish to bring their own food.
- Unfortunately, the kitchen may not be able to accommodate all special diets.