

REJUVENATE WEEKEND



WEEKEND ACTIVITIES

- Horse Trail Rides- *Pre-registration required
- Leather Shop & Crafts
- Campfire Donuts & Wagon Rides
- Gift Shop & Snack Shop
- Static Ropes Course
- High Ropes Course & Zip Line
- Shooting Sports & Axe Throwing
- Open Gym including; Climbing Wall, Pickle-Ball, 9-Square, Volleyball, and more!
- Workshops!

TYPICAL SCHEDULE

FRIDAY
6:30pm Check-in
8:00pm Chapel
9:00pm Friday Night Activity

SATURDAY
8:00am Breakfast
9:00am Devotions
9:30am Chapel
11:00 Open Recreation (open until 5:00pm)
12:00pm Lunch
5:00pm Supper
6:30pm Chapel
8:00pm Evening Extravaganza

SUNDAY
8:00am Breakfast
9:00am Open Recreation
10:30am Chapel
12:00 Head for Home!

CAMP SHAMINEAU

It is our mission to share the Gospel of Jesus with children and youth through relationships and fun camp experiences.

Rejuvenate Women's Weekend FAQs:



WHAT TIME DO WE ARRIVE? WHAT TIME ARE WE DONE ON SUNDAYS?

Check-in: Friday from 6:30-7:30pm
Check-out: Sunday at 12:00pm
*Be sure to eat supper before you come!

Check-in will be on the road as you arrive. You will receive your housing assignment and schedule for the weekend. If you know you are arriving late, please call in advance.

Check-out will be after closing chapel. No lunch will be served on Sunday.

WHAT ARE THE SLEEPING ARRANGEMENTS? WILL I BE HOUSED WITH PEOPLE I DON'T KNOW?

We have a variety of buildings that house our guests. Our Retreat Centers have sleeping rooms that each typically have 3 sets of bunks in them. The bathrooms are a short walk down the hallway. Our cabins have 6 sets of bunks with the bathrooms located in a building just a short walk away from the cabin. If you are coming with a group of women you will be housed together and you would know the others in your cabin or room. If you are coming with just 1 or 2 friends or coming by yourself you will be housed with other small groups of women.

WHAT CAN YOU EXPECT AT REJUVENATE WOMEN'S RETREAT WEEKEND?

At Rejuvenate, you can expect a weekend filled with opportunities to relax, connect, and deepen your relationship with God. Enjoy a variety of activities, from horse trail rides, hiking, and high ropes courses to crafts and quiet reflection by the lake. With a flexible schedule, you can participate as much or as little as you like—whether that means diving into workshops, enjoying a campfire donut, or simply taking a nap.

CAN I BRING MY BABY OR YOUNG CHILD?

We love welcoming families to camp, but due to lodging limitations and the nature of our schedule, we are unable to accommodate babies or young children during our programming. Our days are full and active, with a pace and structure that simply isn't suitable for little ones. We appreciate your understanding as we work to provide the best experience possible for all of our guests.

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